Outbreak Brief #17: Monkeypox in African Union Member States

Date of Issue: 09 November 2022

6,231 suspected, 970 confirmed cases, 174 deaths in AU MS

Data sources: US CDC, WHO, and AU Member State Ministries of Health

Global Update (non-endemic countries): As of 07 November 2022, 78,379 confirmed cases of monkeypox and 202 deaths were reported from 109 countries/territories globally. The countries reporting the majority of cases are mainly in Europe and the Americas.

Africa update (endemic and non-endemic countries): Since the beginning of 2022, the continent has reported 7,201 cases (6,231 suspected; 970 confirmed) and 174 deaths (CFR: 2.4%) of monkeypox from eight endemic Africa Union (AU) Member States (MS): Benin (0 suspected; 3 confirmed; 0 deaths), Cameroon (38; 12; 2), CAR (17; 8; 2), Congo (14; 5; 3), Democratic Republic of Congo (DRC) (4,354; 206; 155), Ghana (535; 107; 4), Liberia (1; 3; 0), Nigeria (1,272; 604; 7); and five non-endemic MS: Egypt (0; 2; 0), Morocco (0; 3; 0), Mozambique (0; 1; 0), South Africa (0; 5; 0) and Sudan (0; 11; 0). This week, a total of 331 new cases and one new death from monkeypox were reported from DRC (286 suspected cases; 22 confirmed; 1 death), Ghana (0; 2; 0) and Nigeria (0; 21; 0).

DRC: Since the last report (21 October 2022), the Ministry of Health reported 308 new cases (286 suspected; 22 confirmed) and one new death (CFR: 0.3%) of monkeypox. This is a 2% and 95% decrease in the number of new cases and deaths respectively compared to the last report. Cumulatively 4,560 cases (4,354 suspected; 206 confirmed,) and 155 deaths (CFR: 3.6%) were reported from 23 of the 26 provinces.

Ghana: Since the last report (28 October 2022), Ghana Health Services reported two new confirmed cases with no new deaths of monkeypox. This is a 100% increase in the number of confirmed cases compared to the last report. Cumulatively, 642 cases (535 suspected; 107 confirmed) and four deaths (CFR: 0.6%) were reported.

Nigeria: Since the last update (04 November 2022), the Nigeria Centre for Disease Control reported 21 new confirmed cases and no new death from monkeypox in Nigeria. This is a 32% decrease in the number of new confirmed cases compared to the last update. Cumulatively, 1,876 cases (1,272 suspected; 604 confirmed; 7 deaths; CFR: 0.5%)

1 Global case and death numbers are inclusive of numbers being reported in Africa.
3 Cameroon, the Central African Republic, the Democratic Republic of the Congo, Gabon, Ghana, Côte d’Ivoire, Liberia, Nigeria, the Republic of the Congo, and Sierra Leone
suspected; 604 confirmed) and seven deaths (CFR: 0.4%) of monkeypox were reported from 30 states and the federal capital.

The majority of AU MS reporting cases are from the central and western Africa regions with DRC, Ghana and Nigeria accounting for 97% of all confirmed cases reported (Table 1). Most cases were reported after the week of 21 July and this could be a result of enhanced surveillance in MS (Figure 1).

Figure 1. New confirmed monkeypox cases reported by epidemiological week in AU MS since January 2022

The high numbers of confirmed cases reported from DRC in week 15 July is likely the result of batch reporting.
Table 1. Cumulative monkeypox cases and deaths reported from African Union Member States in 2022 - as of 26 October 2022.

<table>
<thead>
<tr>
<th>Country</th>
<th>Total cases (new)</th>
<th>Total deaths (new)</th>
<th>CFR(^5)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Suspected</td>
<td>Confirmed</td>
<td></td>
</tr>
<tr>
<td>Benin</td>
<td>0 (0)</td>
<td>3 (0)</td>
<td>0 (0)</td>
</tr>
<tr>
<td>Cameroon</td>
<td>38 (0)</td>
<td>12 (0)</td>
<td>2 (0)</td>
</tr>
<tr>
<td>Central African Republic</td>
<td>17 (0)</td>
<td>8 (0)</td>
<td>2 (0)</td>
</tr>
<tr>
<td>Congo Republic</td>
<td>14 (0)</td>
<td>5 (0)</td>
<td>3 (0)</td>
</tr>
<tr>
<td>Democratic Republic of Congo</td>
<td>4,354 (286)</td>
<td>206 (22)</td>
<td>155 (1)</td>
</tr>
<tr>
<td>Ghana</td>
<td>535 (0)</td>
<td>107 (2)</td>
<td>4 (0)</td>
</tr>
<tr>
<td>Egypt</td>
<td>0 (0)</td>
<td>2 (0)</td>
<td>0 (0)</td>
</tr>
<tr>
<td>Liberia</td>
<td>1 (1)</td>
<td>3 (0)</td>
<td>0 (0)</td>
</tr>
<tr>
<td>Morocco</td>
<td>0 (0)</td>
<td>3 (0)</td>
<td>0 (0)</td>
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<tr>
<td>Mozambique</td>
<td>0 (0)</td>
<td>1 (0)</td>
<td>0 (0)</td>
</tr>
<tr>
<td>Nigeria</td>
<td>1,272 (0)</td>
<td>604 (21)</td>
<td>7 (0)</td>
</tr>
<tr>
<td>Sudan</td>
<td>0 (0)</td>
<td>11 (0)</td>
<td>1 (0)</td>
</tr>
<tr>
<td>South Africa</td>
<td>0 (0)</td>
<td>5 (0)</td>
<td>0 (0)</td>
</tr>
<tr>
<td>TOTAL</td>
<td>6,231 (286)</td>
<td>970 (45)</td>
<td>174 (1)</td>
</tr>
</tbody>
</table>

\(^5\) Case fatality ratio is the proportion of total deaths over the total cases, both suspected and confirmed.
Event Geoscope and Risk Assessment Levels

Africa Centres for Disease Control and Prevention (Africa CDC) conducted a preliminary assessment of the geographic scope (geoscope) and risk level for the monkeypox events being reported for Africa and globally. Given that this outbreak is currently affecting multiple countries both on and outside of the continent, the geoscope assessment is high. If additional AU MS report disease linked to this outbreak, we will reassess and elevate accordingly. For the risk assessment level, we looked at the following criteria: morbidity and mortality of the disease, probability to spread within and to other AU MS, and the availability of effective treatments, vaccines, or other control measures. We have listed the risk level as moderate given that monkeypox is not an easily transmissible, self-limiting disease with low mortality, which lacks effective treatment for those infected. We are closely monitoring the situation and we will reevaluate the risk periodically.

New Africa CDC Response Activities

- On 8 August 2022, the Africa CDC Emergency Operations Centre (EOC) was activated to support preparedness and response efforts of African Union Member States, in close collaboration with relevant partners
- The Africa CDC continues to provide support to AU MS with laboratory test kits on request.
- The Africa CDC continues to engage with Ministries of Health in Member States reporting cases to provide support as requested
- Africa CDC continues to communicate with global partners to secure adequate access to test kits and vaccines for AU Member States

Recommendations for AU Member States

Member States are advised to:
- Establish laboratory diagnostic and genomic sequencing capacity for orthopoxviruses, including monkeypox.
- Establish and/or strengthen existing monkeypox surveillance efforts.
- Develop and distribute both general and tailored risk communication messages for the community at large as well as specific populations currently impacted and at risk (e.g. sex-workers, immunocompromised individuals, children).
- Strengthen knowledge of monkeypox clinical management and infection prevention control measures.
- Report new cases of monkeypox as part of the current multi-country outbreak to Africa CDC (AfricaCDCEBS@Africa-Union.org).

The general public is advised to:
- Seek medical attention if you experience any monkeypox-like symptoms (e.g. develop rash with or without prior symptoms of fever, swollen lymph nodes, body aches, and weakness), especially if you have been in contact with a positive case
- Practice effective hand hygiene by washing hands with soap and water or using an
alcohol-based hand sanitizer, especially after contact with any infected animal or human

- Avoid contact with animals that could harbor the virus, including animals that are sick or found dead in areas where monkeypox occurs
- Avoid contact with any potentially contaminated material, such as clothes and bedding, with which animals with monkeypox have been in contact with
- If deemed a close contact of a monkeypox case, individuals should self-monitor for the development of symptoms up to 21 days from the last exposure to a case
- If you are infected with monkeypox, adhere to recommended isolation protocols prescribed by your medical provider to minimize transmission to others, including pets and other animals that may be susceptible to monkeypox infection

References
1. European Centres for Disease Prevention and Control (ECDC) - Risk assessment: Monkeypox multi-country outbreak (23 May 22)
3. US CDC - Information for the clinical management of monkeypox
4. US CDC - 2022 Monkeypox Outbreak Global Map | Monkeypox | Poxvirus | CDC
5. US CDC - Monkeypox: Get the Facts
6. WHO - Monkeypox factsheet
7. WHO - Multi-country monkeypox outbreak in non-endemic countries
8. WHO - Laboratory testing for the monkeypox virus: Interim guidance
9. WHO - Meeting of the international health regulations (2005) emergency committee regarding the multi-country monkeypox outbreak
10. WHO - Director-General's statement on the report of the meeting of the IHR 2005 emergency committee regarding the multi-country monkeypox outbreak