Outbreak Brief #8: Monkeypox in African Union Member States

Date of Issue: 31 August 2022

483 confirmed cases, 3,066 suspected, 107 deaths in AU MS

Data sources: US CDC, WHO, and AU Member State Ministries of Health

Global Update (non-endemic countries)¹: As of 30 August 2022, 49,974 confirmed cases of monkeypox and 110 deaths were reported from 99 countries/territories globally. The countries reporting the majority of cases are mainly in Europe and North America.²

Africa update (endemic³ and non-endemic countries): Since the last brief (24 August 2022), 98 new cases (24 confirmed; 74 suspected) and two new deaths (CFR:2%) of monkeypox were reported from Morocco, Nigeria and South Africa. This is a 50% decrease in the number of new confirmed cases since the last brief. Cumulatively, 3,549 cases (483 confirmed; 3,066 suspected) and 107 deaths (case fatality rate [CFR]: 3%) of monkeypox were reported from 11 African Union (AU) Member States (MS) since January 2022 (Table 1).

Morocco: Since the last brief (2 June 2022), the Morocco MoH reported two new confirmed cases and no deaths of monkeypox. This is a 100% increase in the number of confirmed cases compared to the previous brief. Cumulatively, three confirmed cases of monkeypox were reported from Morocco in 2022. All confirmed cases reported a travel history to Europe.

Nigeria: Since the last brief (26 August 2022), the Nigeria Centre for Disease Control (NCDC) reported 95 new cases (21 confirmed; 74 suspected) and two new deaths (CFR:2.1%) of monkeypox in Nigeria. This is a 56% decrease in the number of new confirmed cases compared to the last report. Cumulatively, 845 cases (241 confirmed; 604 suspected) and six deaths (CFR: 1%) of monkeypox were reported from 34 states and the federal capital territory.

South Africa: Since the last brief (17 August 2022), one confirmed case and no new deaths of monkeypox were reported in South Africa. The confirmed case is a 28-year-old male from Johannesburg in Gauteng province with a recent travel history to the Netherlands/Spain. Cumulatively, five confirmed cases and no deaths were reported from three provinces: Gauteng (2 cases), Limpopo (1) and Western Cape (2).

¹ Global case and death numbers are inclusive of numbers being reported in Africa.
³ Cameroon, the Central African Republic, the Democratic Republic of the Congo, Gabon, Ghana, Côte d’Ivoire, Liberia, Nigeria, the Republic of the Congo, and Sierra Leone
Figure 1. Confirmed monkeypox cases reported by week in AU MS since January 2022

The majority of AU MS reporting cases are from the central and western Africa regions with DRC and Nigeria accounting for 90% of all confirmed cases reported (Table 1). Most cases were reported between the months of June and July and this could be a result of enhanced surveillance in MS (Figure 1).

Table 1. Cumulative monkeypox cases and deaths reported from African Union Member States in 2022 - as of 31 August 2022.

<table>
<thead>
<tr>
<th>Country</th>
<th>Total cases (new)</th>
<th>Total deaths (new)</th>
<th>CFR(^5)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Suspected</td>
<td>Confirmed</td>
<td></td>
</tr>
<tr>
<td>Benin</td>
<td>0</td>
<td>3 (0)</td>
<td>0</td>
</tr>
<tr>
<td>Cameroon</td>
<td>29 (0)</td>
<td>7 (0)</td>
<td>2 (0)</td>
</tr>
</tbody>
</table>

\(^4\) The high numbers of confirmed cases reported from DRC in week 15 July is likely the result of batch reporting.

\(^5\) Case fatality ratio is the proportion of total deaths over the total cases, both suspected and confirmed.
<table>
<thead>
<tr>
<th>Country</th>
<th>Total cases (new)</th>
<th>Total deaths (new)</th>
<th>CFR</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Suspected</td>
<td>Confirmed</td>
<td></td>
</tr>
<tr>
<td>Central African Republic</td>
<td>17 (0)</td>
<td>8 (0)</td>
<td>2 (0)</td>
</tr>
<tr>
<td>Congo Republic</td>
<td>5 (0)</td>
<td>3 (0)</td>
<td>3 (0)</td>
</tr>
<tr>
<td>Democratic Republic of Congo</td>
<td>2,217 (0)</td>
<td>163 (0)</td>
<td>93 (0)</td>
</tr>
<tr>
<td>Ghana</td>
<td>173</td>
<td>47 (0)</td>
<td>1 (0)</td>
</tr>
<tr>
<td>Liberia</td>
<td>21 (0)</td>
<td>2 (0)</td>
<td>0</td>
</tr>
<tr>
<td>Morocco</td>
<td>0</td>
<td>3 (2)</td>
<td>0</td>
</tr>
<tr>
<td>Nigeria</td>
<td>604 (74)</td>
<td>241 (21)</td>
<td>6 (2)</td>
</tr>
<tr>
<td>Sudan</td>
<td>0</td>
<td>1 (0)</td>
<td>0</td>
</tr>
<tr>
<td>South Africa</td>
<td>0</td>
<td>5 (1)</td>
<td>0</td>
</tr>
<tr>
<td>TOTAL</td>
<td>3,066 (74)</td>
<td>483 (24)</td>
<td>107 (2)</td>
</tr>
</tbody>
</table>

**Event Geoscope and Risk Assessment Levels**

Africa Centres for Disease Control and Prevention (Africa CDC) conducted a preliminary assessment of the geographic scope (geoscope) and risk level for the monkeypox events being reported for Africa and globally. Given that this outbreak is currently affecting multiple countries both on and outside of the continent, the geoscope assessment is high. If additional AU MS report disease linked to this outbreak, we will reassess and elevate accordingly. For the risk assessment level, we looked at the following criteria: morbidity and mortality of the disease, probability to spread within and to other AU MS, and the availability of effective treatments, vaccines, or other control measures. We have listed the risk level as moderate given that monkeypox is not an easily transmissible, self-limiting disease with low mortality, which lacks effective treatment for those infected. We are closely monitoring the situation and we will reevaluate the risk periodically.
Africa CDC Response Activities

- The Africa CDC Emergency Operations Centre has moved to response mode to support preparedness and response efforts of African Union Member States, in close collaboration with relevant partners.
- The Africa CDC, in collaboration with the Nigeria Centre for Disease Control (NCDC) and the African Society for Laboratory Medicine (ASLM), trained 20 AU MS on monkeypox diagnostics. Africa CDC has also continued to distribute test kits to AU MSs to support surveillance and detection needs in both endemic and non-endemic countries. Additional rounds of laboratory diagnosis training are planned.
- The Africa CDC continues to coordinate sequencing support to AU MS as a monitoring tool for any variants of monkeypox.
- The Africa CDC has also engaged with ministries of health of the highly affected Member States to provide support to areas of high need.
- Africa CDC is communicating with global partners to secure adequate access to test kits and vaccines by AU Member States.

Recommendations for AU Member States

Member States are advised to:

- Establish laboratory diagnostic and genomic sequencing capacity for orthopoxviruses, including monkeypox
- Establish and/or strengthen existing monkeypox surveillance efforts
- Develop and distribute both general and tailored risk communication messages for the community at large as well as specific populations currently impacted and at risk (e.g. sex-workers, immunocompromised individuals, children)
- Strengthen knowledge of monkeypox clinical management and infection prevention control measures
- Report new cases of monkeypox as part of the current multi-country outbreak to Africa CDC (AfricaCDCEBS@Africa-Union.org)

The general public is advised to:

- Seek medical attention if you experience any monkeypox-like symptoms (e.g. develop rash with or without prior symptoms of fever, swollen lymph nodes, body aches, and weakness), especially if you have been in contact with a positive case
- Practice effective hand hygiene by washing hands with soap and water or using an alcohol-based hand sanitizer, especially after contact with any infected animal or human
- Avoid contact with animals that could harbor the virus, including animals that are sick or found dead in areas where monkeypox occurs
- Avoid contact with any potentially contaminated material, such as clothes and bedding, with which animals with monkeypox have been in contact with
- If deemed a close contact of a monkeypox case, individuals should self-monitor for the development of symptoms up to 21 days from the last exposure to a case
- If you are infected with monkeypox, adhere to recommended isolation protocols
prescribed by your medical provider to minimize transmission to others, including pets and other animals that may be susceptible to monkeypox infection

References
1. European Centre for Disease Prevention and Control (ECDC) - Risk assessment: Monkeypox multi-country outbreak (23 May 22)
3. US CDC - Information for the clinical management of monkeypox
4. US CDC - 2022 Monkeypox Outbreak Global Map | Monkeypox | Poxvirus | CDC
5. US CDC - Monkeypox: Get the Facts
6. WHO - Monkeypox factsheet
7. WHO - Multi-country monkeypox outbreak in non-endemic countries
8. WHO - Laboratory testing for the monkeypox virus: Interim guidance
9. WHO - Meeting of the international health regulations (2005) emergency committee regarding the multi-country monkeypox outbreak
10. WHO - Director-General’s statement on the report of the meeting of the IHR 2005 emergency committee regarding the multi-country monkeypox outbreak